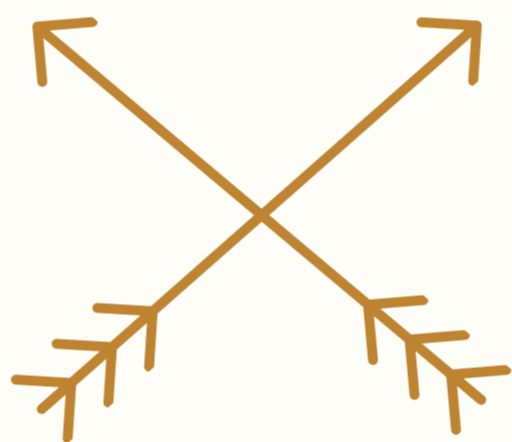




Forage and Feast

JULY 18TH, 5:30 PM - 8:30 PM
THE GOOD LIFE CENTER • 372 HARBORSIDE RD,
HARBORSIDE, ME



Join ethnobotanists and clinical herbalists Hayden Stebbins and Geraldine Lavin for a paradigm shifting walk to learn about wild plants (and maybe mushrooms), how to identify them by family, and their edible, medicinal, or poisonous properties. We will bring what we harvest back to the kitchen and prepare a multi-course meal and tea. Bring a pen and notepad, a curious mind, and a healthy appetite!

Price: \$40-\$70. No one turned away for lack of funds. Space limited, so please, RSVP to haydenstebbins@gmail.com.

